



Know Before You Go

We want our visitors to be prepared for beach exploration. Please wear comfortable clothes.

The weather can range from cool and foggy to hot and sunny. Dress warmly and in layers.

For maximum comfort consider wearing/bringing the following:

1. Long pants can be rolled up or wear shorts in hot weather.
2. A sweatshirt, sweater, windbreaker or jacket, with t-shirt underneath.
3. Closed-toe shoes. Water shoes or an old pair of tennis shoes that can get wet and sandy are best.
4. Hat
5. Sunscreen
6. Sunglasses
7. Water or juice
8. Snacks or lunch: Please pack your food in environmentally friendly containers, i.e. minimize pre-packaged goods, pack food in reusable containers.