



My name is							•
I live in		,		· · · · · · · · · · · · · · · · · · ·	_,		
	City		State/Province			Country	
I was born in		,			,		
	City		State/Province			Co	ountry
I was born on			•				
ə	Date of birth						
្ខំ 🛘 I have live	ed here my entir	e life.					
्रैं□ I have live हुँ□ I moved h	nere from		,			,	
G		City		State/P	rovince	Co	ountry
in				•			
	Date of move			<del></del>			
Things to include – What color is my hai	r?						
What color are my e	yes?						
Is my face (circle one	···						
Oval - longer than it wide, a very oval shape	Oblong: longer than the oval, with the sides more parallel.	Round: shorter than the oval with the corners more rounded.	10000 10000	Square: shorter than the oval with the corners more angular.	Base-up triangle: wider at the top of the face than at the bottom.		Diamond: wider at the middle of the face with the top and bottom ends tapering.
Base-down triangle: wider at the bottom of the face than							

 $Images\ from:\ http://www.eyeconx.com/patient/article\_printf.asp? itemtype=publicarticle\&itemid=AFB56EC53833FD50D182993BF3DA69AB$ 

Am I tall, short or medium height?

# **Family History Worksheet**

# All About My Mother's Family





My mother's name is			She was born in			
					Year	
SHE IIV	res in,	State/Province	,	Country	<u></u> •	
□	She has lived here her entire life.	Jule/Floville		Country		
28 	Sho was born in					
ų Ų	She was born in		State / Drovince	<i>_</i>	Country	
	and moved here in		to			
	and moved here in		10	Pageon for move	·	
one □	My mother is still alive.			Reason for move		
ஜ்ப	My mother passed away in		·			
Drief De	escription of my mather:	Year				
впеј ре	escription of my mother:					
My M	om's Mom					
Mum	aternal grandmother's name is		Showas k	orn in		
iviy iilo	iternar grandinother s hanne is		Sile was t		Vear	
Sholis	voc in				ICUI	
SHE IIV	res in,	State / Province		Country	<u></u> •	
one⊓	She has lived here her entire life.	State/Flovince		Country		
	Charries have in					
Che Che	She was born in	,	Charles /Duras singles	_,	Country	
	City		State/Province			
	and moved here in		ιο	Dense for many	•	
one □	My maternal grandmother is still a	oj move		Reason for move		
چ	My maternal grandmother passed	d away in		•		
Duiof Do			Year			
Brief De	scription of my maternal grandmother:					
My M	om's Dad					
N.A				•		
wy ma	aternal grandfather's name is		He was bo	rn in	•	
II a Basa	:				Year	
He live	es in,,	State/Province	,	Caa.t	•	
а П	,	State/Province		Country		
hoose one	He has lived here his entire life.					
٦٥	He was born in	,		,		
5	City		State/Province		Country	
	and moved here in		to		•	
aue —	Date o	of move		Reason for move		
8 □	My maternal grandfather is still al					
$\square_{\beta}^{\aleph}\square$	My maternal grandfather passed	away in		<del>-</del>		
•			Year			
<b>Rrief De</b>	scription of my maternal arandfather:					

# **Family History Worksheet**

# All About My Father's Family

Brief Description of my paternal grandfather:



### My Dad

My father's name is			. He was born in .			
					Year	
116 1146	es in,	State/Province	,	Country	•	
2□	He has lived here his entire life.					
8 🗆	He was born in	•				
b	City		State/Province	·	Country	
	and moved here in		to	Reason for move	•	
ne	and moved here in			Reason for move		
	My father is still alive.					
S S D	My father passed away in		·			
D: (D		Year				
Brief De	escription of my father:					
My D	ad's Mom					
Му ра	ternal grandmother's name is		She was b	orn in	•	
					Year	
She liv	res in,		,		•	
] ]	City She has lived here her entire life.	State/Province		Country		
) se c	She has lived here her entire life.					
ğΠ	She was born in			<i></i>		
	City		State/Province		Country	
	and moved here in	f move	10	Paggan for maya	·	
ag⊓	My paternal grandmother is still a		neuson joi move			
8    -	My paternal grandmother passed					
รับ	☐ My paternal grandmother passed away in  Year					
Brief De	escription of my paternal grandmother:		, ca,			
My D	ad's Dad					
Му ра	ternal grandfather's name is		He was bor	n in		
			<del></del>		Year	
He live			,		•	
ə _	City	State/Province		Country		
~ % _ %	He has lived here his entire life.					
οğΠ	He was born in	<b>,</b>		<i>,</i>		
0	City		State/Province		Country	
	and moved here in		to		·	
e one	Date o	f move		Reason for move		
ose (	My paternal grandfather is still aliv					
ğΠ	My paternal grandfather passed a	way in				
	Year					